

FASSA FREERIDE SKI & SNOWBOARD CAMP

Period: 12-13 December 2009

Place: Belvedere

Who it's for: skiers and snowboarders from 11 years upwards

Course duration: whole day

Specialities: Freeride skiing and snowboarding – freestyle skiing

Programme:

Day I

- Meet at the Canazei Marmolada Ski School at 8.30 a.m.
- Check equipment and take skilift up to Belvedere
- Brief selection and division into groups according to ability and technical knowledge
- Start work with own instructor
- In the afternoon, introduction to a few topics on self-rescue and use of ARVA, with the support of technicians from Ortovox Italia
- Skiing downhill and meet at Canazei

Day II

- Meet at the Canazei Marmolada Ski School at 8.30 a.m.
- Start work with own instructor in the Belvedere area
- Halfway through the day, **Freeride Contest**
 - Skiing down on off-piste slope
 - ARVA search
 - Cultural test on freeride
- At the end of the Contest, prize-giving and Camp close at Canazei with a mega apres-ski party and camp video

Notes:

- The aim is to transmit the freeride spirit and sensitize riders to have more respect for and knowledge of the mountains
- Helmet, back protector and freeride skis compulsory, as well as freeride kit (rucksack, spade, ARVA and probe)
- For those that don't have these, all the gear can be hired from the Canazei Marmolada Ski School
- **The cost of the Camp is 20 Euros per participant; hire of equipment, if necessary (skis or snowboard + freeride kit), 20 Euros**

To enrol at the Fassa Freeride Ski & Snowboard Camp contact the Canazei Ski School on +39 0462 601211 or the Fassa Ski Team on +39 0462 764111 **by 6 December 2009 at the latest**

For information, contact the Camp coordinator Dimitri Rizzi on +39 3392280288