

FASSA FREESTYLE SKI CAMP

Date: 19-20 December 2009

Place: Belvedere

Who it's for: skiers from 11 years upwards

Course duration: 3 hours a day

Specialities: freestyle skiing

Levels that will be taught:

- Basic: awareness of the rules and behaviour in the snowparks
- Intermediate: first rotations and sliding on rails
- Advanced: progress and improvement of technique and style

Programme:

Day I

- Meet at the Canazei gondola lift at 1 p.m.
- Check equipment and take skilift up to Belvedere
- Brief selection and division into groups according to ability and technical knowledge
- Start work with own instructor

Day II

- Meet at the ski school at Pecol at 1.30 p.m.
- Start work with own instructor
- At the end of the day, demonstration by kids from the Freestyle Ski College

Notes:

- The Camp (course) will be held at the Belvedere Snow Park
- During the course we deal with themes of safety and the rules to be followed in the snowparks
- Helmet, back protector and freestyle skis (twin-tip) compulsory
- For those who don't have them, skis can be hired from the Canazei Marmolada Ski School
- **The cost of the Camp is 20 Euros per participant; hire of equipment, if necessary (skis + ski-boots) 20 Euros**
- After the Fassa Freestyle Ski Camp, each participant will have the chance to take part in the extended course held **every Saturday** until the end of the winter season, at a cost of **120 Euros**

To enrol at the Fassa Freestyle Ski Camp contact contact the Canazei Ski School on +39 0462 601211 or the Fassa Ski Team on +39 0462 764111 **by 12 December 2009 at the latest**

For information, contact the Camp coordinator Dimitri Rizzi on +39 3392280288